

**Thrive Chiropractic and Wellness**  
1190 Bridge Street | Brighton, CO 80601  
Phone (303) 659-4220 | Fax (303) 659-1832

**ABOUT THE PATIENT**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email (will not be shared) \_\_\_\_\_  
(H) Phone \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_  
D.O.B. \_\_\_\_\_ Age \_\_\_\_\_  Male  Female  
 Single  Married  Divorced  Widowed  Separated  
Social Security # (required) \_\_\_\_\_  
Employer \_\_\_\_\_  
Occupation  Full  Part Time \_\_\_\_\_  
Payment Method  Cash  Check  Credit Card

**REASON FOR THE VISIT**

Nature of visit:  Wellness  Recent Pain  
 Long Term Pain  Auto  Work  
Describe your symptoms (prioritize by severity)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
When did your symptoms start? \_\_\_\_\_  
How did your symptoms begin? \_\_\_\_\_  
\_\_\_\_\_  
How often do you experience your symptoms?  
 Constantly (76-100% of the day)  
 Frequently (51-75% of the day)  
 Occasionally (26-50% of the day)  
 Intermittently (0-25% of the day)  
How are your symptoms changing?  
 Getting Better  
 Not Changing  
 Getting Worse  
Using a 0-10 Pain Scale (0=No pain, 10= Most intense pain imaginable)  
Rate your current level of pain \_\_\_\_\_  
Rate your average pain level \_\_\_\_\_  
Rate the worst your pain gets \_\_\_\_\_  
Rate the lowest your pain gets \_\_\_\_\_  
Has this condition occurred before?  Yes  No  
Have you seen other doctor's for this condition?  
 Yes  No  
Doctor's names and specialties \_\_\_\_\_  
\_\_\_\_\_  
Types of treatment \_\_\_\_\_  
\_\_\_\_\_  
Results \_\_\_\_\_  
\_\_\_\_\_

**ABOUT YOUR SPOUSE**

Name \_\_\_\_\_  
D.O.B. \_\_\_\_\_ SS# \_\_\_\_\_  
Employer \_\_\_\_\_  
Occupation \_\_\_\_\_  
Health Status:  Excellent  Good  Fair  Poor

**CHIROPRACTIC EXPERIENCE**

Who referred you to this office/how did you hear about us? \_\_\_\_\_  
If applicable, approximate date of last chiropractic visit? \_\_\_\_\_  
Has any adult in your family seen a Chiropractor? \_\_\_\_\_  
Has any child in your family seen a Chiropractor? \_\_\_\_\_

# MEDICAL HISTORY

Broken Bones? \_\_\_\_\_

Surgeries? \_\_\_\_\_

\_\_\_\_\_

Hospitalizations? \_\_\_\_\_

Motor Vehicle Accidents? \_\_\_\_\_

Been struck unconscious? \_\_\_\_\_

What medications are you taking and for what conditions? (if you have a list with you, please let us know and we will make a copy) \_\_\_\_\_

\_\_\_\_\_

What vitamins, minerals, or herbs do you currently take? \_\_\_\_\_

\_\_\_\_\_

Do you currently or have you had:	(Please mark all that apply)	
	Current	Past
Infection	<input type="checkbox"/>	<input type="checkbox"/>
Unexplained Weight Loss	<input type="checkbox"/>	<input type="checkbox"/>
Unusual fatigue	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness/Double Vision	<input type="checkbox"/>	<input type="checkbox"/>
Poor Balance	<input type="checkbox"/>	<input type="checkbox"/>
Vomited blood	<input type="checkbox"/>	<input type="checkbox"/>
Bloody/Black stools	<input type="checkbox"/>	<input type="checkbox"/>
Change in Bowel/Bladder function	<input type="checkbox"/>	<input type="checkbox"/>
Fevers	<input type="checkbox"/>	<input type="checkbox"/>
Night Sweats	<input type="checkbox"/>	<input type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>
Chest Pain	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>
Chronic cough	<input type="checkbox"/>	<input type="checkbox"/>
Stroke	<input type="checkbox"/>	<input type="checkbox"/>
Heart disease or murmur	<input type="checkbox"/>	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>
Muscle weakness or paralysis	<input type="checkbox"/>	<input type="checkbox"/>
Memory loss	<input type="checkbox"/>	<input type="checkbox"/>
Direct head trauma	<input type="checkbox"/>	<input type="checkbox"/>
Poor coordination	<input type="checkbox"/>	<input type="checkbox"/>
Night pain	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty swallowing	<input type="checkbox"/>	<input type="checkbox"/>
Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Pain with breathing	<input type="checkbox"/>	<input type="checkbox"/>
Abdominal pain	<input type="checkbox"/>	<input type="checkbox"/>
Use of corticosteroids	<input type="checkbox"/>	<input type="checkbox"/>
Use of anticoagulants	<input type="checkbox"/>	<input type="checkbox"/>
Numbness in groin (saddle anesthesia)	<input type="checkbox"/>	<input type="checkbox"/>
Incontinence	<input type="checkbox"/>	<input type="checkbox"/>

**Family Members-present and past health conditions**  
(Example: Cancer, Stroke, Diabetes, Heart Disease, Arthritis, etc)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Habits	None	Light	Moderate	Heavy
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coffee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Appetite	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Soft Drinks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Hobbies/Interests \_\_\_\_\_

\_\_\_\_\_

Job Satisfaction: Unsatisfied Satisfied Very Satisfied      Number of hours worked per week? \_\_\_\_\_ On the road? \_\_\_\_\_

In general how would you rate your health? Excellent Average Poor

Do you feel depressed or have trouble falling asleep, poor appetite, lack of interest in normally enjoyable activities, relationship problems? No Yes, if yes please explain: \_\_\_\_\_

## ABOUT YOUR CONDITION

I am here for wellness.  N/A

Do you experience pain every day?  No  Yes

Do your symptoms interfere with daily life?  No  Yes

Does the pain interfere with your sleep?  No  Yes

Do changes in the weather affect your symptoms?  No  Yes

Do your symptoms cause you to lose your temper?  No  Yes

Do you wear orthotics or a lift?  No  Yes

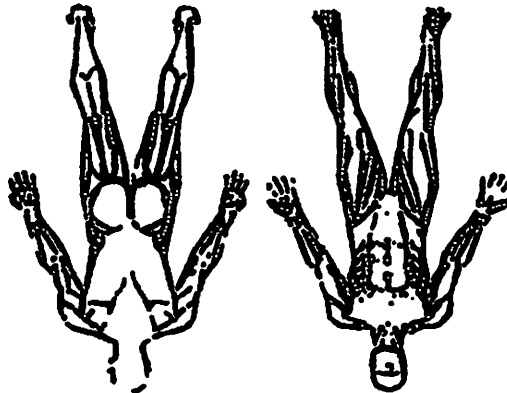
Are your symptoms worse during certain times of the day? If yes, indicate time of day.  No  Yes

What activities aggravate your symptoms?  Morning  Noon  Night

Is there anything that you can no longer do because of the pain? If yes please explain \_\_\_\_\_  No  Yes

What have you done to alleviate your pain? \_\_\_\_\_

Please use the following letters to indicate TYPE and LOCATION of the symptoms you currently are experiencing. A=Ache B=Burning N=Numness P= Pins & Needles S=Stabbing O=Other



## GOALS FOR MY CARE

People see Chiropractors for a variety of reasons. Some go for relief of pain, some to correct the cause of pain, and others for correction of whatever is malfunctioning in their bodies. Your Doctor will weigh your needs and desires when recommending your treatment program. Please check the type of care desired so that we may be guided by your wishes whenever possible.

- I am only concerned about relief of a particular symptom.
- I am only concerned about relief of a particular symptom, and preventing its return.
- I want optimum health and well being on every level available to me.
- I want the Doctor to select the type of care appropriate for my condition.

### ABOUT YOUR INSURANCE

Name of the primary/guarantor of the insurance policy? \_\_\_\_\_ D.O.B: \_\_\_\_\_

Your relationship to the guarantor  Self  Spouse  Child  Other

Guarantor's SS# \_\_\_\_\_ Guarantor's Employer: \_\_\_\_\_

Do you know your ins. policy's chiropractic benefits? If so, what were you told? \_\_\_\_\_

If you have phoned your insurance company prior to your appointment:

Do you need a referral to be seen?  Yes  No

**Financial Awareness and Consent:** I understand I am financially responsible, **WHETHER OR NOT MY INSURANCE COMPANY PAYS**, for all charges incurred by me. I hereby assign my major medical insurance benefits, including Medicare, private insurance, and other health plans to Thrive Chiropractic and Wellness. Any overpayment will be promptly refunded. I also authorize Thrive Chiropractic and Wellness to release any protected health information required to secure payment.

**HIPAA Privacy Practices:** The information within this chart is confidential. I understand that all requests for release of my records must be in writing. Protected health information will be released with written authorization, with minimum disclosure necessary as related to your care. Please see Notice of Privacy Practices for more detailed information. I understand I have a responsibility to communicate honestly with Dr. Powell or Dr. Gentilini, and to notify him/her of any changes in my health status. I understand that a copy of my HIPAA rights is available to me upon request.

**Informed Consent for Chiropractic Care:** When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working for the same objective. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment. You have the right, as a patient, to be informed about the condition of your health and the recommended care and treatment to be provided so that you may make the decision whether or not to undergo chiropractic care after being advised of the known benefits, risks and alternatives.

Chiropractic is a science and art which concerns itself with the relationship between structure (primarily the spine) and function (primarily the nervous system) as that relationship may effect the restoration and preservation of health. Health is a state of optimal physical, mental and social well being, not merely the absence of disease or infirmity.

One disturbance to the nervous system is called a vertebral subluxation. This occurs when one or more of the 24 vertebra in the spinal column become misaligned and/or do not move properly. This causes alteration of nerve function and interference to the nervous system. This may result in pain and dysfunction or may be entirely asymptomatic.

Subluxations are corrected and/or reduced by an adjustment. An adjustment is the specific application of forces to correct and/or reduce vertebral subluxation. Our chiropractic methods of correction is by specific adjustments of the spine. Adjustments are usually done by hand but may be performed by handheld instruments. In addition, ancillary procedures such as physiotherapy and/or rehabilitative procedures may be included.

All health care procedures carry some risk. Risks associated with chiropractic are may include, but are not limited to, muscle or ligament injuries, nerve injuries, vascular injuries and fractures. Alternatives to chiropractic care may include medications, surgery, and other alternative treatments.

If during the course of care we encounter non-chiropractic or unusual findings, we will advise you of those findings and recommend that you seek the services of another health care provider.

All questions regarding the doctor's objective pertaining to my care in this office have been answered to my complete satisfaction. The benefits, risks and alternative of chiropractic care have been explained to me to my satisfaction. I have read and fully understand the above statements and therefore accept chiropractic care.

\* \_\_\_\_\_ \* \_\_\_\_\_ \* \_\_\_\_/\_\_\_\_/\_\_\_\_  
(Print Name) (Signature) (Date)

**Consent to evaluate and adjust a minor child:**

I, \_\_\_\_\_ being the parent or legal guardian of \_\_\_\_\_ have read and fully understand the above information and hereby grant permission for my child to receive chiropractic care.

**Statement of non-pregnancy for x-ray purposes:**

This is to certify that to the best of my knowledge I am not pregnant and the above doctor and his/her associates have my permission to perform an x-ray evaluation. I have been advised that x-ray can be hazardous to an unborn child.

Date of last menstrual cycle \_\_\_\_/\_\_\_\_/\_\_\_\_ \_\_\_\_\_/\_\_\_\_/\_\_\_\_  
(Signature) (Date)